

Journey Retreats

Ultimate Bliss – Emotional Retreat

3 days/2 nights

\$1090 / Person

\$1980 / 2 Person

- 2 journeys using the Enneagram
- 2 ozone saunas
- 1 cranio-sacral/massage
- 1 Zyto Compass emotional reading

Couples Retreats – Healing Version

3 days/2 nights

\$1860 / Couple

5 days/4 nights

\$2700 / Couple

You will get all of the Ultimate Bliss, plus

- Bath oils and homemade chocolates
- Romantic 3-course dinner with champagne
- Counselling on where to go next in your relationship

Ayurveda Panchakarma Cleanse/Detox or Weight Loss

5 days/4 nights – 7 days on request –

\$1750

Ultimate Cleanse specially tailored for your body type

- 1 day gentle fasting to release toxins and the rest of the time doing ayurvedic panchkarma colon or liver cleansing.
- Every day special meals cooked based on your body type with cooking tips to take home.
- Each day includes yoga and meditation
- 1 royal treatment each day except last day
- Craniosacral balancing
- Udvartana (special powder massage for cellulite & exfoliation)
- Aromatouch essential oil massage for destress, detox & break down inflammation

PLUS

- The Journey with Enneagram for emotional healing with enneagram
- Zyto Compass Reading for subconscious emotional issues

Couples Retreats – Pampering Version

3 days/2 nights

\$1860 / Couple

5 days/4 nights

\$2700 / Couple

You will get

- Bath oils and homemade chocolates
- Romantic 3-course dinner with champagne
- Counselling on where to go next in your relationship
- 2 ozone saunas
- 3 pampering sessions from day spa menu each

Return to Love

5 days

This retreat adds more time for you both to really get to the core of true intimacy and unconditional love. We will talk about sexual blocks and what it is that is stopping you both really living a life of freedom and love together. It will also give you the time to relax together and deepen into your true selves. It will also include another body work session for the journey retreat.